

STUDENTS TALK BACK

“This class showed me that awesome things are happening during fetal development.”

DCO Student

“This club has taught me that I am valuable and has given me confidence to make right choices.”

IGC Student

“You have always gotten through to me ever since middle school!”

T2Y Student

“This class inspired me to choose abstinence.”

T2Y Student

PROGRAM ENDORSEMENTS

“The program has been very beneficial for our students in many areas such as peer pressure, decision making, and as well as abstinence.”

Administrator
Nash-Rocky Mount Public Schools

“The True2You program is of highest caliber and vital to our teenagers.”

Teacher
Nash-Rocky Mount Public Schools

“As a parent, I am grateful to True2You and the school system for offering a program that teaches my child to value her life and to make healthy choices.”

Parent of 7th Grader
Nash-Rocky Mount Public Schools

“The efforts of WW4! produce a change in countless numbers of our students. We have seen a decline in pregnancy since the program has been here.”

Teacher
Nash-Rocky Mount Public Schools

“The students leave this program with a deeper understanding of what is involved in having a sexual relationship and the consequences that may come.”

Teacher
Nash-Rocky Mount Public Schools



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**OUR MISSION IS TO
MOTIVATE, EDUCATE,
AND EQUIP STUDENTS
TO EMBRACE A
LIFESTYLE OF SEXUAL
ABSTINENCE UNTIL
MARRIAGE**

WORTH WAITING 4! CONSIST OF 5 PROGRAMS OFFERED TO AREA SCHOOLS INCLUDING SCHOOLS THAT ARE PUBLIC, PRIVATE AND PREP.

It's Your Choice!

Worth Waiting 4! consists of four programs that are designed to communicate factual information and promote sexual abstinence as the healthiest choice someone can choose. Our programs provide accurate information about sexually transmitted infections, teen pregnancy, and contraception failure rates, along with teaching practical life skills which enables students to live a healthy lifestyle.



For more information contact:

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Middle school presentations are a three day abstinence- education for seventh grade students. The focus is on defining abstinence and sexual activity, helping students understand the scope of activities that put them at risk for STDs and teen pregnancy. Students are provided with helpful tools on why there is a need for boundaries, learning how to stand up to peer pressure, and an overview of the most common STDs and their symptoms. High school presentations are two day sessions for ninth graders. Through guided discussion and small group exercises, students learn about the physical and emotional consequences of sexual activity before marriage. Along with information about STDs, pregnancy and contraception failure rates, students are given tools for decision making and refusal skills. This program empowers students to see the choice of abstinence as a means of protection for their bodies, their emotional well-being, and their future.



The IGC operates on the principle that "choices direct the course of life." Its aim is to assist club members in setting standards and goals by which to govern their lives that will decrease the pitfalls along the way. The program offers the opportunity to take prevention education to the next level. The program length (12 weeks), the repetitive messages promoting healthy lifestyle choices, as well as the development of a relationship between the club members and their mentors, is the key to affecting change in the lives of students most at-risk for teen pregnancy, substance abuse, violence, and other destructive choices. Ultimately, we strive to offer guidance to young students that are exposed to multiple risk factors that would influence their life choices in a negative way.



Do you really know your options? Decisions, Choices, & Options is an educational presentation for high school students providing information on each of the options a young woman faces in an unplanned pregnancy. The goal of this program is to provide current, factual information and correct any misconceptions regarding any of the three options.



The parent education initiative is a newsletter designed to inform parents about current teen sexuality issues and trends.



Moms 4 Moms is a 9 session program that connects student moms (expectant or parenting) with mature and experienced moms through baby care/parenting classes sponsored by Your Choice Resource Center.

